



Update 55 - July 2008

Do You Know Your ABC?



4See Risk Management Launch 'Essential Training' Programme

4See Risk Management Limited has launched a new training package that can help take care of some of your essential training needs. We have taken three key areas of training that employers are legally obliged to provide for their staff and have combined them into a one-day course.

Alarms, Backs and Computers

This course provides all employees with formal training in Fire Safety and Awareness, Manual Handling, and the Safe Use of Display Screen Equipment.

Why is this Training Essential?

For many employers, the subjects covered in this training course tend to be viewed as low priority, but if you work in your company premises, use a computer and regularly move or lift things in the workplace, then it is essential!

Even the most simple training in these subjects can prove to be some of the most effective in reducing lost time through injuries and illness in the workplace, thus increasing your productivity and reducing your potential for loss and liability.

Last year:

- 241 workers were killed at work
- 141,350 other injuries were reported under RIDDOR
- 2.2m people were suffering from an illness they believed was caused, or made worse, by their current or past work
- 646,000 of these were new cases in the last 12 months
- The cost to the business community was vast with 36m working days lost

Fire Safety and Awareness

The Fire and Rescue Services attend more than 30,000 fires in the workplace each year. Lives are lost, thousands are injured and the economic costs mean many businesses never re-open.

In 2006 there were 32,900 fires recorded in buildings other than dwellings, 37 people died and 1,500 serious injuries were sustained. Carrying out your legal duty to train your staff in fire safety will not only help to keep them safe, but it makes good business sense too. It is estimated that 80% of businesses that suffer a fire go in to liquidation within three years. The average cost to a business suffering a fire is in excess of £60,000.

If your staff are properly trained they will understand how to prevent a fire from starting and should a fire occur, how to keep themselves, other workers and visitors safe. Our half day course on this subject will focus on the importance of knowing exactly what to do in the event of a fire or emergency.



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Manual Handling

More than a third of all over three day injuries are caused by manual handling. The risk of injury from a manual handling task is greatly increased where workers do not have the information or training necessary to enable them to work safely. The provision of information and training alone will not ensure safe manual handling; however effective training has an important part to play in reducing the risk of a manual handling injury.

The second half day course will ensure awareness on this subject is raised and will give both practical demonstrations and formal instruction as to how to lift, move and carry safely.

Display Screen Equipment (DSE)

In a survey for the HSE in 2006, 73% of DSE users surveyed reported one or more musculoskeletal symptoms. Despite there being a statutory duty on their employer to provide adequate training and instruction, over one third of users stated that they had never received training in the set up and use of their workstation. Some employers are concerned that by raising awareness through training, that more incidents of ill health would be reported by their employees. This study showed that there was no evidence that raising the awareness of musculoskeletal disorders resulted in greater reporting.

As more and more employees use computers and laptops, there has never been a better time to ensure that your workers receive the necessary training that they need to work safely. This online learning course gives practical advice on how to ensure your workplace is both safe and comfortable and allows you to assess things as you go!

Course details

This innovative training package is delivered by means of one full day of classroom based training, either at an 'open' venue (arranged by 4See) or at premises arranged by you.

We will use the classroom time to train your employees in fire safety in the morning and manual handling in the afternoon.

Following successful completion of these two subjects, all delegates will be issued with a free username and password to access our online Computer Safety Training Course which can be completed on any PC with internet access.

Costs

We can deliver this course in-house for up to 15 employees for £850.00 - that's less than £60.00 per person for all three subjects - or if you choose to attend one of our open course venues around the UK, the delegate cost is just £99.00.

How Do I get Help with my ABC?

If you want to learn more about your ABC, contact our training team at our new head office on 01327 811822 to reserve your training day(s). Or simply let us know you're interested in attending an open course and we will be in touch with a venue near you very soon.

Alternatively you can book online at www.4seerisk.com/training or email training@4seerisk.com.